

**SUGGESTED RESOURCES
CRISIS COUNSELING & MENTAL HEALTH SUPPORT**

National Suicide Prevention Lifeline – 1-800-273-8255 (English)

Available 24/7 and confidential. Lifeline is funded by the Substance Abuse and Mental Health Services Administrations and administered by the Mental Health Association of NYC.

Red Nacional de Prevención del Suicidio - 1-888-628-9454 (Español) *Lifeline ofrece 24/7, gratuito servicios en español, no es necesario hablar ingles si usted necesita ayuda. Llamada es confidencial.*

Additional resources and tools for health professionals, loved ones and individuals, including: <http://suicidepreventionlifeline.org/#>

OK2Talk.org – website and community for teens and young adults struggling with mental health problems.

SAMSHA Recommended Resources and Mental Health Experts – a [site](#) to help coordinate a community event, organize support groups and provide general information. <https://www.mentalhealth.gov/talk/community-conversation/services/index.html>

National Alliance on Mental Illness – www.nami.org 800.950.NAMI info@nami.org
Website provides ability to locate a local NAMI provider; includes [webpage](#) for parents and teachers as allies. Find help in a crisis or text “NAMI” To 741741.

For Affiliates:

- **National Center for Medical-Legal Partnerships** - <http://medical-legalpartnership.org/> Find a partnership in your state: <http://medical-legalpartnership.org/partnerships/>
- **Medical-legal partnership (MLP)** embeds lawyers and paralegals alongside health care teams to detect, address and prevent health-harming social conditions, such as legal status, for people and communities. These partnerships include relationships with health centers, health schools, hospitals, including children’s hospitals, legal aid agencies and law schools.
- **[Legal Advocates for Children & Youth](#)** is a national website of resources that was highlighted during the CA Fall Convening health session by senior attorney, Tamara Schane.

National Latino Behavioral Health Association - <http://nlbha.org/>

American Psychological Association (APA)

- Resource [webpage](#) for mental health professionals and others working with immigrant communities, including the Road to Resilience.